ANNEXURE II - 2

LIFE INSURANCE CORPORATION OF INDIA

COMPUTERISED TREADMILL TEST

Form No. LIC03 - 003

Zone Division Branch

Proposal No.

Agent/D.O. Code: Introduced by: (name & signature)

Full Name of Life to be assured:

Age/Sex:

DECLARATION

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated _____ given by me to LIC of India.

Witness Signature or Thumb Impression of L.A.

Note : *Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.*

1. Have you ever had chest pain, palpitation, breathlessness at rest or exertion? Y/N

2. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N

3. Have you ever had Chest X'Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N

If the answer/s to any/all above questions 'Yes', submit all relevant papers with this form.

Dated at on the day of 200

Signature of L.A.

Signature of the Cardiologist
Name & Address
Qualification
Code No.

COMPUTERISED TREADMILL TEST

(a) Pre-test : Supine
Standing
Hyperventilation

(b) Exercise: Stage I)
Stage II) 3 minutes each
Stage III)
… peak exercise

(c) Recovery: Recovery
Recovery
Recovery

Reporting Pattern

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE							
	SITTING							
	STANDING							
	HYPERVENTI LATION							
	WARM UP							
EXERCISE	STAGE 1							
	STAGE 2							
	STAGE 3							
	PEAK EXERCISE							
RECOVERY	RECOVERY							
	RECOVERY							
	RECOVERY							

The protocol used - BRUCE

Total Exercise Time -

Maximum Blood Pressure –

Maximum Workload -

Maximum heart rate Maximum predicted heart rate %

Reason for termination –

Comments:

Signature of the Cardiologist
Name & Address
Qualification Code No.

Each stage should have 12 lead tracing with long lead II. Each lead should contain atleast three complexes. On separate individual paper each stage with relevant observations be recorded.
(Signature of the L.A. to be obtained on the stracings)